

# *The Personal Transformation Intensive*



*Heal Trauma*

*Create Balance*

*Achieve Inner Peace*

- \* Are you ready to take a Giant leap forward in your emotional, mental, and spiritual life?*
- \* Do you want something more in your life than stress and boring routine?*
- \* Do you want improved health and improved finances?*
- \* Do you want to accomplish more?*
- \* Do you want more meaning in your life?*

The PTI program focuses on healing trauma, co-dependency, the inner child, addiction, and limiting self belief while enhancing relationships, self confidence, and empowerment.

## *What is the PTI?*

The Intensive is a powerful personal growth program for anyone seeking to live life to the fullest.

Using innovative and powerful techniques in a safe and accepting group setting, it creates healing and transformation that both compliments and goes beyond individual therapy.

## *Experience These Powerful Techniques*

- \*Heart-Centered Hypnotherapy*
- \*Breathwork*
- \*Energetic Psychodrama*
- \*Guided Visualization*
- \*Meditation*

## *How Does the PTI Work?*

The PTI is structured as a five month program that meets one weekend each month from 1 PM Friday to 4 PM Sunday for a total of 125 hours.

The PTI is facilitated by two specially trained Transformational psychotherapists whose professional direction and positive energy provide an atmosphere of healing and growth.

## *What are the Benefits?*

- Self Awareness, Acceptance, and Understanding
- Stress Reduction and Improved Health
- Attract Fulfilling Relationships
- Improve Communication Skills by Learning “The Clearing Process”
- Tools to Manifest your Goals Using the Full Power of your Mind, Heart, and Spirit
- Spiritual Connection and Deepening
- Release Self Defeating Patterns
- Live Life to Its FULLEST!

***Enroll now!***

*The next PTI begins April 3, 2009*

*Wellness Institute, Issaquah, WA*

## *What are others' experiences of the PTI?*

“When my son died, grief counseling saved my life. The material and growth I experienced in PTI vastly improved my life.” ~ Bill O.

“Transformation is an understatement. The experiential work of the PTI has been the missing component of the healing work I’ve done in the past. Ten years of traditional talk therapy did not bring me as far as the first weekend did.” ~Barb T.

“I am amazed at the process. I was petrified to do this, but have gained so much. The intensity of this work provided more personal growth than I ever imagined occurring in such a short time. I was able to face and begin the healing process on traumas and challenges that seemed impossible for me to ever recover from or deal with in a healthy growing manner. Thank you with all my heart.” ~Kathy J.

Marianne Marlow, LMHC, ACHT is a Mental Health Counselor She obtained her credentials as an Advanced Clinical Hypnotherapist through the Wellness Institute in Washington State. Her practice is an



eclectic integration of mental health and alternative methods and treatments. Marianne works with individuals, couples, families, and children.

Larry Rogers, ACHT is a counselor and trainer with a private practice in Portland, OR. He has been teaching a wide variety of emotional and skill building seminars at Breitenbush Hot Springs for 10 years. He obtained his credentials as an Advanced Clinical Hypnotherapist through the Wellness Institute.



[For Registration & Information call:](#)

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